

# Robert Gonzales

## Living Compassion Introduction



### About Robert Gonzales

...got to know NVC more than 30 years ago...



... and collaborated with Marshall Rosenberg for many years...



...focuses on experiencing the quality and energy of needs...

## 3-Day intensive Workshop

This workshop offers the rare opportunity to get to know Robert and his work of Living Compassion in Europe.

The main focus during this 3-day workshop will be cultivating and strengthening a precious inner stance that enables compassion for ourselves and others.

Based on his own experience with Nonviolent Communication and by passing it on to others, Robert developed processes that draw upon the fullness and living energy of needs.

They enable the life in us to enter back into a flow.

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### DATES

22-24 February 2020  
and  
6-8- November 2020

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### VENUE

Frankfurt, Germany  
Mainhaus Stadthotel  
<https://mainhaus-frankfurt.de>

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### CONTRIBUTION

Sliding Scale between  
1.245,00 and 445,00€  
plus board and lodging

## Throughout the years Robert has deepened the underlying attitude and practice of NVC

A major component in the work Robert has developed is to be found in various deep and intensive processes to get into contact with oneself, one's own inner parts and others around us.

**„Come and join us for this international event !“**

### Languages

The workshop will be held in english and will be translated into german and possibly other languages.

### Additional Costs

Apart from the seminar fee, the day rate at Mainhaus Stadthotel Frankfurt is 56€ per day, which adds up to 168€ for 3 days and includes lunch, workshop beverages, coffee breaks with cake and fruits.



### Accommodation

A limited number of rooms is available at the venue. Please make your reservation with the venue well in advance. Of course you can stay at other places as well.

### Workshop Hours

Day 1: 9:30 - 18:00

Day 2: 9:00 - 18:00

Day 3: 9:00 - 16:30

### Registration

To register for 22-24 February 2020 [click here](#)

To register for 6-8 November 2020 [pls click here](#)

### Cancellation Fee

150€ if noticed at least months prior to the workshop start, later no refund option available. We recommend to book a workshop insurance.

## REGISTRATION AND INFORMATION

On this flyer you find the essentials of this event. If you have any further questions please feel free to contact us by phone or mail:

phone: 0049-(0)69/46007826

cell: 0049-(0)151/40508407

e-mail: [team@seminargourmets.de](mailto:team@seminargourmets.de)

Looking forward to welcome you !

Your hosts

**Iris & Jürgen - SeminarGourmets**

